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**From:** Bruce Adelsman [bruce@skinnyski.com]  
**Sent:** Thursday, January 10, 2008 12:52 AM  
**To:** newsletter@skinnyski.com  
**Subject:** MiniSkinny Newsletter 2007/2008 Season - Issue #8

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\*\* M i n i S k i n n y \*\*  
\*\* Issue #8 -- January 10, 2008 \*\*  
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\* SNOW REPORT

The heatwave has passed leaving behind a lot of icy conditions. However, a number of trail systems have "de-iced" and are reporting good (and fast!) conditions. Check the trail reports for the latest updates (and watch for more snow before the weekend):

<http://www.skinnyski.com/trails/reports.asp>

\* WINTER PHOTOS

- Rare winter tornadoes strike SE Wisconsin:

[http://www.crh.noaa.gov/crnews/display\\_story.php?wfo=mkx&storyid=12112&source=0](http://www.crh.noaa.gov/crnews/display_story.php?wfo=mkx&storyid=12112&source=0)

- Deep snow in Crested Butte:

<http://news.yahoo.com/nphotos/slideshow/photo//080108/480/eb0a319c438548a0841f9d50d09788d3/>

- Snow sculptures in China:

[http://news.yahoo.com/nphotos/slideshow/photo//080107/ids\\_photos\\_wl/r1836244776.jpg/](http://news.yahoo.com/nphotos/slideshow/photo//080107/ids_photos_wl/r1836244776.jpg/)

- Shoveling in a blizzard at Kirkwood:

<http://news.yahoo.com/nphotos/slideshow/photo//080106/480/cc647a314ccd400d9330dfc008c8b7f0/>

- Clearing an avalanche in Silverthorne:

<http://news.yahoo.com/nphotos/slideshow/photo//080107/480/e844874d954b40319ef94226fd5f43db/>

\* GOPHER

Man arrested after digging holes to trip up cyclists:

<http://abcnews.go.com/US/wireStory?id=4090122>

\* 24

John Fauber reports on his 24 Hours of Telemark experience:

<http://blogs.jsonline.com/offthecouch/archive/2008/01/08/a-record-that-was-meant-to-be-broken.aspx>

And Fauber blogs on Mark Dyson, the solo freak winner:

<http://blogs.jsonline.com/offthecouch/archive/2008/01/07/24-hours-of-monotony.aspx>

\* PERFECT

Practice does indeed make you better:

<http://www.physorg.com/news118592975.html>

\* SLOGANS

Silent Sports highlights Birkie slogans from the past 20 years:

[http://www.silentsports.net/birkie\\_slogans.html](http://www.silentsports.net/birkie_slogans.html)

\* ICE WORMS

Everything you wanted to know about ice worms...

<http://www.nichols.edu/departments/Glacier/iceworm.htm>

\* LONE MOUNTAIN RANCH SALE

Nordic resort Lone Mountain Ranch in Big Sky, MT, has been sold:

[http://www.newwest.net/city/article/lone\\_mountain\\_ranch\\_sold\\_to\\_everlands\\_private\\_luxury\\_resort\\_network/C396/L396/](http://www.newwest.net/city/article/lone_mountain_ranch_sold_to_everlands_private_luxury_resort_network/C396/L396/)

\* TOUR DE SKI

- Canadian photos from the Tour de ski:

<http://www.cccski.com/photogallery.asp?id=191&lan=0>

- Additional Tour de ski photos:

[http://news.search.yahoo.com/news/search?p=tour+de+ski&c=news\\_photos](http://news.search.yahoo.com/news/search?p=tour+de+ski&c=news_photos)

- Finnish coverage on the final leg of the Tour de ski:

<http://www.hs.fi/english/article/Virpi+Kuitunen+overhauled+by+Charlotte+Kalla+on+gruelling+final+climb+of+Tour+de+Ski+/1135233087010>

- Final standings:

[http://www.tour-de-ski.com/fr/dynamic/eventdetail.html?event\\_id=24236&cal\\_suchsector=CC](http://www.tour-de-ski.com/fr/dynamic/eventdetail.html?event_id=24236&cal_suchsector=CC)

\* DOPING DAD

Father gives steroids to 13-year old inline skater:

<http://www.tbo.com/news/metro/MGBMDX2Y5BF.html>

\* SNOW POOPER

Eats snow, spits out ice blocks:

<http://www.foxnews.com/story/0,2933,319473,00.html>

\* WORLD RECORD SKI JUMPS

- Ski jumping:

<http://www.youtube.com/watch?v=UE31hCwYoMg>

- And just plain crazy jumpers:

<http://www.youtube.com/watch?v=eX564wM05SY>

\* NIEDERHAUSER

Canadian coaching legend Heinz Niederhauser passes away:

<http://www.cccski.com/main.asp?cmd=doc&ID=4837&lan=0>

\* FOOD SECRETS

Food allergies linked to giant food company conspiracy?

<http://www.nytimes.com/2008/01/09/dining/09alle.html>

\* WINTER COMMUTERS

StarTribune video feature on winter biking commuters:

<http://www.startribune.com/video/12962607.html>

\* WJC, SCANDO

Final U23 and Juniors points:

<http://www.teamtoday.org/Stories/tabid/391/ctl/Details/mid/763/ItemID/1054/Default.aspx>

\* ROYAL GORGE

Controversy over Royal Gorge development continues:

<http://www.saveroyalgorge.org/>

Developers say cross-country skiing will remain:

<http://www.nevadaappeal.com/article/SS/20080109/NEWS/862097552>

\* COMMON SENSE?

Extensive study shows healthy lifestyle increases lifespan:

<http://www.washingtonpost.com/wp-dyn/content/article/2008/01/08/AR2008010801882.html>

\* RECENT UPDATES

- Weekend Skiing

- MNSA Lifetime Achievement Award Nominations

- Camp Birkie for Kids Returns

- Nine Mile Open House

- Fischer News: Carbonlites, Tour de Ski

- Skinnyski Race Team Weekend Recap
  - New Moon Toko Waxing Clinic with John Bauer
  - Racing Outlook
  - 24 Hours of Telemark Coverage
  - Minnesota High School Rankings
  - HOW Nordic Skiing Events
  - Blue Hills Ascent Coverage
  - Mesabi East Invite Coverage
  - Waukesha Citizens Race Coverage
  - Nationals coverage w/ photos
  - Pre-Loppet Coverage
  - Birkie Classic Trail Tour
  - Minnesota Nordic Ski Association Year End Review
  - ABR Grooming Clinic, Jan 15-16
  - Classifieds Ads
  - and more...
- <http://www.skinnyski.com>

\* TRIVIA WINNER

Last week's question: What is Mesenchytraeus solifugus and where would you encounter it?

Answer: Mesenchytraeus solifugus are ice worms and can be found on glaciers.

Trivia and lodging drawing winners posted online:

<http://www.skinnyski.com/notices/display.asp?Id=10055>

\* TRIVIA CONTEST

Did you take your vitamins today?

Question: What was the name of the world's largest recorded iceberg?

This week's prize is a Fast Wax SlickPro paste wax and fluoro heat pad. We'll randomly select the winner from all the correct entries

received by midnight, Friday, January 11th. To enter, send your answer to:

[contest@skinnyski.com](mailto:contest@skinnyski.com)

Have an idea, event or topic for a future newsletter? Drop us some e-mail!

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<http://www.skinnyski.com/users/accountadd.asp>

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<http://www.skinnyski.com/users/accountprefs.asp>

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<http://www.skinnyski.com/users/accountedit.asp>