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From: Bruce Adelsman [bruce@skinnyski.com]
Sent: Thursday, April 24, 2008 1:21 AM
To: newsletter@skinnyski.com
Subject: MiniSkinny Newsletter 2008 Offseason - Issue #3

** M i n i S k i n n y **
** Offseason Issue #3 -- April 24, 2008 **

* WEATHER NEWS

- Weather control claims to be tested?
<http://technology.newscientist.com/article/dn13763-weather-control-claims-put-to-the-test.html?>
- A new study finds the jet streams have been shifting toward the poles:
<http://www.freerepublic.com/focus/f-news/2003091/posts>
- This is Severe Weather Awareness week:
http://www.crh.noaa.gov/crnews/display_story.php?wfo=dlh&storyid=2243&source=0

* NORDIC TALK

Commentary and podcasts on the 2007-08 World Cup XC ski season:
<http://nordiccommentaryproject.blogspot.com/>

* LEG UP

Need some help with your kick?
<http://www.engadget.com/2008/04/22/honda-to-show-off-experimental-walking-assist-device/>

* TCM OVER 50

Act fast, the Twin Cities Marathon is already more than half filled:
<http://www.mtcmarathon.org>

* KIKKAN UPDATE

- Kikkan Randall endures second hospital stay:
http://www.skiracing.com/index.php?option=com_content&task=view&id=6495&Itemid=2
- Kikkan updates progress on her blood clot recovery:
http://www.kikkan.com/blood_clot2.html

* HIGH NOTE

Sprint races on top of the new opera house in Oslo?
<http://www.aftenposten.no/nyheter/sport/skivm/article2387473.ece>

* TOXIC?

The concern over BPA in Nalgene bottles heads to the courtroom:
http://news.yahoo.com/s/nm/20080424/hl_nm/nalgene_lawsuit_dc

* NORDIC QUEEN

Hoigaard's Linda Lemke, known as the Queen of Nordic Walking, was featured on the CBS Morning Show:
http://www.cbsnews.com/sections/i_video/main500251.shtml?id=4011332n
More on Hoigaard's Nordic Walking:
<http://hoigaards.com/page.cfm?PageID=105>

* EQUAL TIME

Women win equal time on the injury list with men, although in different ways:

http://www.boston.com/news/health/articles/2008/04/14/women_athletes_win_equal_time_on_inj

ury_list/

* DOWNHILL INLINE

More tips on controlling downhill speed on inline skates:
<http://www.inlineplanet.com/08/04/downhill-2.html>

* NATIONAL NEWS

- A recap on the US Ski Team season:
<http://www.usskiteam.com/public/news.php?pC=3&dId=3&sN=1&aId=3656>
- Canada's X-C.com ski team dissolved:
<http://www.skifaster.net/article.asp?DocumentID=2192>
- Garrott Kuzzy named Faster Skier Rookie of the Year:
<http://www.fasterskier.com/news5337.html>

* HAT TRICK

A look at some of the new high-tech running hats:
http://www.nytimes.com/slideshow/2008/03/13/fashion/20080313_PHYS_SLIDESHOW_index.html

* START CHEATING

Cheating your way to a better start at the Boston Marathon:
<http://www.nytimes.com/2008/04/24/health/nutrition/24Best.html>

* WAXING ON

Men shaving their legs...
<http://www.startribune.com/lifestyle/health/17391219.html>

* NORWAY LONG WAY

2600km ski across Norway -- read the on-going journal:
<http://skinorway.org.uk/diary/>

* RECENT UPDATES

- Weekend Events
- Midwest MTB Racing Season Preview
- Health Updates
- Sisu Skier Masters Open House
- Riverbrook Jobs Posted
- Skifire: Tierra del Fuego Nordic Ski Festival Announced
- Hoigaard's Pre-Season Paddlesports Sale
- Trail Mix Coverage
- Birkie Survey Results Posted
- MSHSNCA Spring Meeting Update
- Rossignol Red-White-Blue Program Seeking Applicants
- Opus Criterium Coverage
- CXC Announces Openings For Athletes
- Wolverine Hard Core Coverage
- Classifieds Ads
- and more...
<http://www.skinnyski.com>

* BEFORE WE GO ...

<http://ww3.startribune.com/blogs/roadguy/2008/04/23/lets-go-for-a-little-drive-in-new-zealand/>

Have an idea, event or topic for a future newsletter? Drop us some e-mail!

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